

## Consent for INTENSE PULSE LIGHT THERAPY

Thank you for choosing Alazzo Med Spa, LLC. This form is exclusively related to Intense Pulse Light Therapy also known as IPL. Please read this form thoroughly and ask any questions that you may have prior to treatment. This consent will serve for all laser hair removal treatments performed and does not need to be renewed. Sign only after you feel comfortable enough to get started.

Procedure: I am consenting to have the Ellipse used for photorejuvenation (IPL). My procedure will be provided by a state approved practitioner including a doctor, physicians assistant, nurse practitioner or nurse. IPL can assist in treating vascular problems including spider veins (telangiectasias) as well as redness and flushing commonly known as Rosacea; Pigment problems such as brown spots and lentigines, uneven complexion and other problems causes by sun damage and photo aging including but not limited to sun spots, wrinkles, large pores, and general skin aging.

IPL Operation: IPL Nordlys is a narrow band of light. This highly concentrated light is filtered into a wavelength that is selectively absorbed into the targeted tissue without affecting the surrounding tissue. The light is an energy that is converted to heat. The heat destroys or breaks apart the unwanted target tissue. This tissue is then absorbed by the body in a natural healing process and healthy new tissue replaces it. Different "heads" are used to target different conditions. The length and amount of energy are adjusted specifically for your personal skin type to obtain maximum benefits. Concentrated light can target hair follicles resulting in hair loss as a side effect of IPL.

Restrictions: I understand that most everyone will benefit from some rejuvenation but complete rejuvenation may not occur. A Fitzpatrick skin typing form will be completed and based on that form "safe settings" are created. A higher the skin type will increase the risk of an adverse reaction. Only skin type's I-IV can be treated with an IPL. Hormones and certain medications can affect your results so please disclose all conditions and medications. Some medical conditions such as pregnancy may need a note from their doctor or preclude them from treatments. Your medical history will be reviewed by your consultant and provider. Birth marks do not respond well to IPL treatments. Results are cumulative so a series of treatments are necessary to obtain maximum benefit. Results cannot be guaranteed.

Standard Skin Effects: During the treatment there is a bright flash of light that may be somewhat visible even with black out glasses. The treatment has been described as a rubber band snapping. After the treatment you will experience redness and a sensation similar to a mild sunburn. There may be some swelling. Areas of pigment may be darker and start to crust and flake in a few days. Vessels may be more pronounced or bruise. Bruising will resolve in 7-10 days.

Uncommon Skin Effects: Blistering, scabbing or infection is less likely to occur. Scarring is very rare. This condition typically occurs in the person with a history of scarring, keloids or hypertrophic scars. Unfortunately these conditions prevent you from having IPL. Some reactions to the laser result in the skin becoming lighter or darker in color. This color change is rarely permanent but may last several weeks to months. Strict adherence to the pre and post instructions can minimize your risk of an adverse reaction.

Safety: I agree to wear laser safety goggles that are provided for me at each treatment.

Pre and Post Instructions: I agree that I have received the pre and post treatment instructions and I will follow those instructions carefully. I acknowledge that failure to follow these instructions may result in an increased risk of complications

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or a reduction in optimal results.

## Precautions:

- Sun exposure, self tanners, and tanning beds must be avoided at least 4 weeks prior to treatments and immediately after treatments.
- Accutane must be discontinued at least 6 months prior to treatments.
- Retin-A must be discontinued 2 weeks prior to treatment.
- Treatments won't be performed on open sores or areas of infection.
- Treatments won't be performed close to or over areas that have been tattooed.

Cautions: Some pigmented lesions are pre-cancerous or cancerous. If you are concerned that a lesion may be cancerous please consult a dermatologist prior to treatment. Alazzo Med Spa does not assume any responsibility or liability regarding a targeted tissue that turns out to be cancerous.

I am at least 18 years of age and my signature below attests that I have all of my questions answered to my satisfaction, I am comfortable with the information received in this consent and I agree to the terms outlined in this consent.

Patient Signature	
Provider Signature	

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