



Consent for LHR-ABDOMEN

Thank you for choosing Alazzo Med Spa, LLC. This form is exclusively related to Laser Hair Removal. Please read this form thoroughly and ask any questions that you may have prior to treatment. This consent will serve for all laser hair removal treatments performed and does not need to be renewed. Sign only after you feel comfortable enough to get started.

Procedure: I am consenting to have my unwanted hair removed using a FDA approved laser. The Lumenis Lightsheer diode laser or the Cynosure Apogee Elite laser will be used depending on my skin type and/or my level of sun exposure. My laser procedure will be provided by a state approved practitioner including a doctor, physicians assistant, nurse practitioner or nurse.

Laser Operation: Our lasers used in hair removal are non-ionizing, meaning there is no radiation. The laser is a light source or energy that is attracted to melanin or color. This energy produces enough heat to damage or destroy the hair follicle. The amount of energy used is dependent on the type of hair present and the Fitzpatrick Skin typing form. The result is a lack of hair production or a thinner, finer, more manageable hair. Only the hairs in the active growth phase are destroyed therefore a series of treatments are needed to obtain maximum results.

Restrictions: Claims of 100% hair removal are restricted by the FDA. I understand that I am consenting to a reduction of hair. Results are dependent on personal skin type and hair characteristics. A thinner, finer hair that does not have pigment such as vellus hair or red / blonde hair will not react to the laser. The body can always grow or regenerate a new hair follicle. Hormones, some medical conditions or medications may enhance this process effecting results. These would include but not be limited to PCOS, thyroid conditions, pregnancy, menopause, plucking and waxing or hair promoting creams or pills. Please disclose all medical conditions and medications. Certain medical conditions such as pregnancy, may need a note from their doctor or preclude them from treatments. Because the laser is attracted to color areas of bruises, moles, tattoos or metal implants must be avoided. Results cannot be guaranteed.

Standard Skin Effects: Laser Hair Removal may feel like a rubber band snapping or like nothing at all. Post treatment the area may feel like a mild sunburn with redness and some tingling. Some swelling or bumps are common. Hairs can become trapped during the shedding process due to the swelling. This may result in an ingrown hair or folliculitis. This effect should lessen during the series of treatments due to the reduction of hair and change in texture. Acne type breakouts are common due to the inflammation surrounding the hair. Do not pick at the hairs as they shed and clean the area with mild soap and a washcloth to help prevent this condition. A mild exfoliant may be recommended. We do not recommend over the counter exfoliant as they may be too harsh. Some people experience some itching and redness commonly known as a histamine reaction. An antihistamine can be taken to relieve this itchy sensation. If you are prone to Herpes Simplex (cold sores) the laser can increase the risk of a breakout. Preventative medications can be prescribed. Crusting can occur especially over areas of freckling or sun spots. These above symptoms should resolve within a few days.

Uncommon Skin Effects: Blistering, scabbing, and infection are rare but possible. Scarring is very rare. This condition typically occurs in the person with a history of scarring, keloids or hypertrophic scars. Unfortunately these conditions prevent you from having laser hair removal. Some reactions to the laser result in the skin becoming lighter or darker in

If you have any questions after reading these guidelines, please do not hesitate to call us for clarification.

Alazzo Med Spa, LLC, 8927 Fingerboard Rd., Suite E, Frederick, MD 21704
(301) 810-5740
www.alazzospa.com



Consent for LHR-ABDOMEN

color. This color change is rarely permanent but may last several weeks to months. Strict adherence to the pre and post instructions can minimize your risk of an adverse reaction. Tanning can cause these uncommon skin affects and should be avoided.

Safety: I agree to wear laser safety goggles that are provided for me at each treatment.

Pre and Post Instructions: I agree that I have received the pre and post treatment instructions and I will follow those instructions carefully. I acknowledge that failure to follow these instructions may result in an increased risk of complications or a reduction in optimal results.

Precautions:

- Do not pluck, bleach, use depilatory creams, or wax while having laser hair removal as this may interfere with your results. Shaving is the only approved method of maintaining the hair during your series.
- Sun Exposure, self tanners, and tanning beds must be avoided at least 4 weeks before and after treatments. Use SPF 30 at all times during series.
- Accutane must be discontinued at least 6 months prior to treatments.
- Retin-A must be discontinued 2 weeks prior to treatments.
- Stop any topical 3-5 days prior to treatments.
- Treatments won't be performed on open sores or areas of infection.
- Test spot may be required if taking a low does antibiotics or just finishing a course of antibiotics.

I am at least 18 years of age and my signature below attests that I have all of my questions answered to my satisfaction, I am comfortable with the information received in this consent and I agree to the terms outlined in this consent.

Patient Signature _____

Provider Signature _____

If you have any questions after reading these guidelines, please do not hesitate to call us for clarification.